

# FIRST YEAR ORIENTATION PROGRAMME REPORT 2023-2024

Date: 07/09/2023

Venue: EAB 415 & 416

As a part of first year orientation programme Mr. Nikhil Chandran (CEO, TILT LABS AND TILTEDU) conducted a training session on the topic "GETTING YOUR CAREER STARTED IN XR TECHNOLOGY AND GAMING".

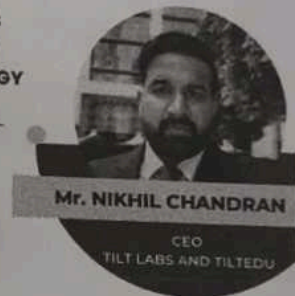
They operate in three divisions namely XR & Mobility, Games & Gamification, and Virtual Production. Recently they have started their NFT studio to help in developing NFT games & asset creation. It was an interactive session which made students realize the importance of establishing a good startup. The expert had a discussion about various ideas. The expert describes it as the engine of economic growth, Source of new jobs, new products and new services.

According to him initiating something different is definitely riskier than established business, but they have to generate more wealth and prosperity to a country. The world around us is revolutionizing day by day due to emerging innovational ideas.



FIRST YEAR  
ORIENTATION PROGRAMME 2023  
**GETTING YOUR CAREER  
STARTED IN XR TECHNOLOGY  
AND GAMING**

Date: 07 - 09 - 2023



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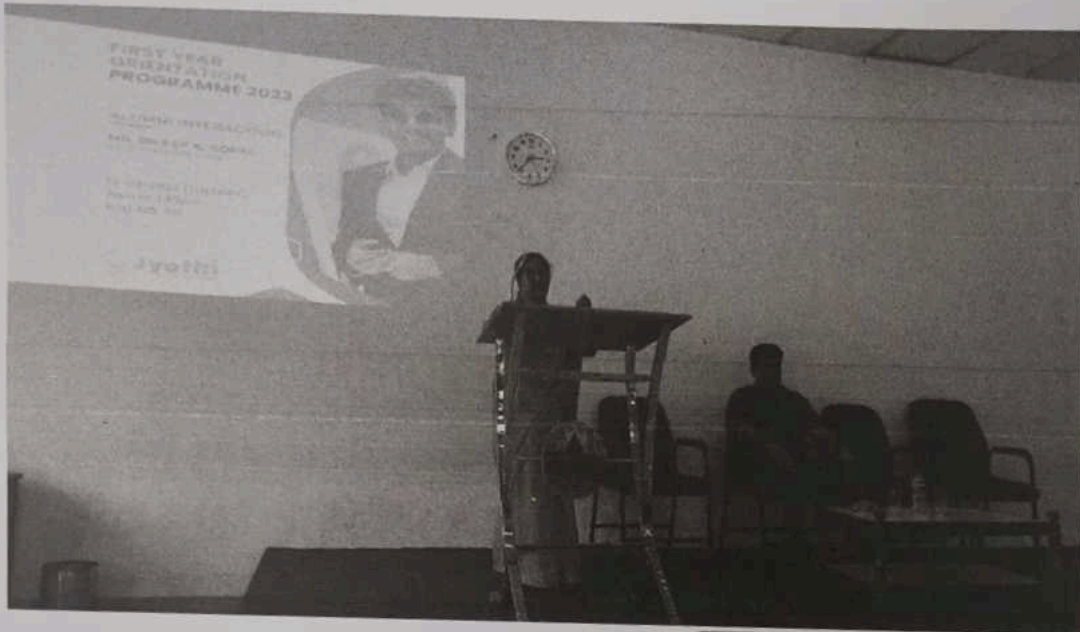
*Jose P Therattil*  
Dr. JOSE P THERATTIL  
Principal  
Jyothi Engineering College  
Cheruthuruthy - 679531



**Date:19/09/2023**  
**Venue: Hall No.415**

As a part of first year orientation programme Mr. Dileep K Gopal, Alumni (COO, CHISQUARE LABS) conducted an interactive session.

He motivated the students and guided them how to choose a career in this new era. He also advised students to study regularly, break the fear etc. He stressed to increase the confidence level and to improve skills by joining software training centres. He explained the need to develop technical and communicative skill for an interview.



**FIRST YEAR  
ORIENTATION  
PROGRAMME 2023**

**ALUMNI INTERACTION**

**MR. DILEEP K. GOPAL**  
(COO, CHISQUARE LABS)

19-09-2023 (TUESDAY)  
2pm to 3.45pm  
HALL NO. 415



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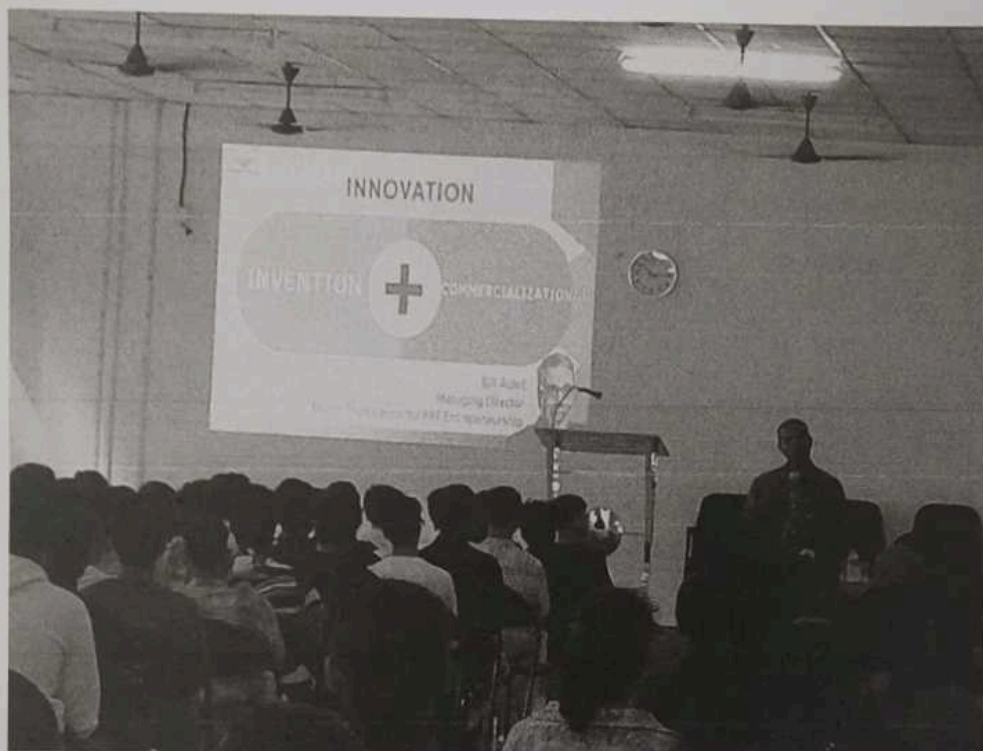
*Jose P Therattil*  
**Dr. JOSE P THERATTIL**  
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**Date: 18/09/2023**  
**Venue: Hall No.415**

As a part of first year orientation programme Mr. Vishal Nair (Educator, Wadhvani Foundation) conducted a Session on "Entrepreneurship and Innovation Mindset".

Resource person guided students with core and future job-ready skills to attain sustainable family wages. He explains about Effective deployment of technology along with new ideas, new possibilities. He encouraged students to build their own start ups.



**FIRST YEAR  
ORIENTATION  
PROGRAMME 2023**

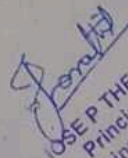
**ENTREPRENEURSHIP &  
INNOVATION MINDSET**

VENUE: HALL NO. 415  
TIME: 10 AM TO 12 PM  
DATE: 18.09.2023 (MONDAY)

  
**VISHAL NAIR**  
EDUCATOR, WADHWANI FOUNDATION

 **Jyothi**  
Engineering College



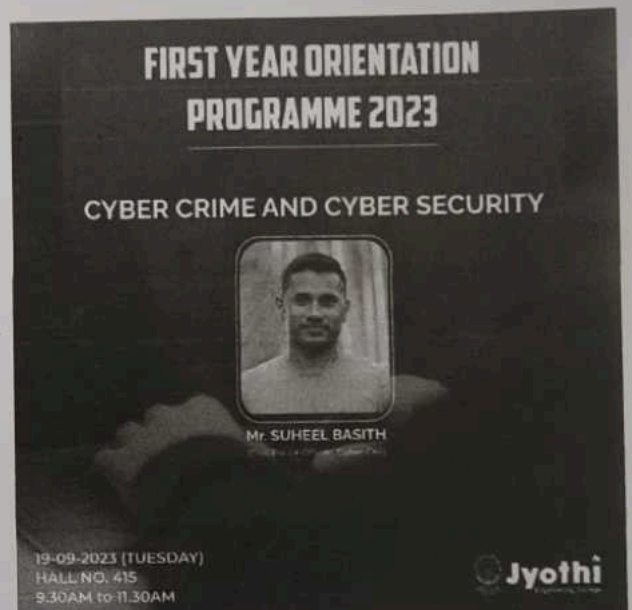
  
**Dr. JOSE P. THERATTIL**  
Principal  
Jyothi Engineering College  
Cheruthuruthy - 679531

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**Date: 19/09/2023**  
**Venue: Hall No.415**

As a part of first year orientation programme Mr. Suheel Basith (Civil Police Officer, Cyber Cell) conducted a Session on "Cyber crime and Cyber Security".

The resource person explained different types of cyber security which includes application security, network security, cloud security and critical infra structure security. He explained cyber crime is a crime that targets or uses a computer or group of computers. Most cyber crimes are carried out to generate profit for the cyber criminals. He stressed about the cyber awareness by quoting real life examples.



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*[Signature]*  
**Dr. JOSE P THERATTIL**  
Principal  
Jyothi Engineering College  
Cheruthuruthy - 679531



**Date:21/09/2023**  
**Venue: Hall No.415**

As a part of first year orientation programme Dr. Sebind Kumar (Associate Professor, Psychiatry, Govt. Medical College, Thrissur) conducted a Session on "Stress Management".

The resource person explained different stress management techniques that help to reduce the effects of stress on our body. Some techniques include keep a positive attitude, time management, engage in self-relaxation get enough sleep and exercise on a regular basis and use mindfulness practices. Resource person inspires students by giving examples of well known personalities who overcome their depression and become successful.



**FIRST YEAR  
ORIENTATION PROGRAMME 2023**  
**STRESS MANAGEMENT**



**Dr. SEBIND KUMAR**  
ASSOCIATE PROFESSOR, PSYCHIATRY,  
GOVT MEDICAL COLLEGE, THRISSUR.

**21-09-2023 (THURSDAY)**  
**HALL NO. 415**  
**2.30 PM TO 3.45 PM**

**Jyothi**  
Engineering College



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